

Small Business & Entrepreneur of the Year Awards Recognize Economic Impact & Job Creation in Region

Friday, May 19 | 12:00PM - 1:30PM | Thorny Lea Golf Club | 159 Torrey Street, Brockton



2





Diane Darling: Consultant, keynote speaker, instructor, and leadership coach specializing in professional networking strategies for 20+ years.

The Metro South Chamber and Bank of America recognize the achievements and contributions of small businesses and entrepreneurs in creating new jobs and economic opportunities in the Metro South region.

Please join us Friday, May 19 at noon for the 2023 Small Business of the Year and Entrepreneur

of the Year awards. This event is to be hosted at Thorny Lea Golf Club in Brockton, 159 Torrey Street. Questions? Contact Cathryn at CSchofield@ metrosouthchamber.com or call (508) 586-0500 x231. Anticipated guest speaker: Diane Darling is a consultant, keynote speaker, instructor, and leadership coach with 20+ years of experience researching, developing, and educating on the role professional networking strategies play in both individual career development, and broader business performance. She is the author of several books including "The Networking Survival Guide" and "Networking for Career Success". As an instructor, she has taught at Harvard Business School, the Wharton School at the University of Pennsylvania, 20th Century Fox, Cisco Systems, Bank of America, University of Texas Law School (to name a few clients). Media appearances include NBC Nightly News, The Wall Street Journal, San Francisco Chronicle, and The Boston Globe. Learn more about our guest speaker at diane-darling.super.site

Prior Small Business of the Year Recipients

- 2022 New England Tortilla / Mi Niña
- 2021 Mallory Headsets, Inc.
- 2020 South Shore SoftWash, LLC
- 2019 Immerse Agency
- 2018 Just Desserts Bakery & Cafe
- 2017 Wood Palace Kitchens
- 2016 Strange Planet Printing
- 2015 Maguire's Bar & Grill
- 2014 JM Pet Resort
- 2013 Solex Payroll Systems, Inc.
- 2012 Vincente's Tropical Grocery
- McGuiggan's Pub 2011
- 2010 Prisco's Market
- 2009 MCG Partners
- 2008 Heights Crossing
- 2007 Westgate Lanes
- 2006 Cindy's Kitchen
- 2005 Northeast Wholesale Nail & Fastener
- 2004 Duplitron, Inc.
- 2003 Modern Auto Body
- 2002 United Furniture, Inc.
- 2001 Robert Sharkansky & Company, CPA

Prior Entrepreneur of the Year Recipients

- 2022 Grand Flourish Collective
- 2021 Fusion Dolls
- 2020 Empower Nutrition
- 2019 LAUNCH Web Marketing
- 2018 Shovel Town Brewery
- 2017 Epicure Wine & Jazz Bar
- 2016 Elvera's Cafe
- 2015 The Sound Lab
- 2014 JJ's Caffe
- 2013 James Tran, SKy8 Shrimp Farm, LLC
- 2012 Billy Michaud, Sparky's Import Repair
- 2011 Elie Baking Corp.
- **Topnotch Design Studio** 2010
- XPressman Trucking & Courier 2009
- UPPAbaby 2008
- Wright Technology 2007
- **Rob Peters Entertainment** 2006
- 2005 Spark Street Autobody
- The DJ Experience 2004
- 2003 The Crazy Chefs Caterers
- 2002 Top Quality Staffing
- 2001 Eye of the Tiger Karate





Small Business of the Year Criteria: 50 or less full-time employees (or equivalent); in business more than 3 consecutive years under the current ownership; for-profit business.

GREATER BROCKTON

The Enterprise

Entrepreneur of the Year Criteria: 10 or less full-time employees (or equivalent); in business less than 3 years; a for-profit business.

Companies will be rated on their creativity and imagination in the development of their business, demonstration of growth, and a reflection on internal and external social responsibility.

Want to nominate your business or a business you deem worthy for future consideration? Email CSchofield@metrosouthchamber.com for nomination forms and more info.

Ribbon Cutting: Rockland Recovery Behavioral Health

Thursday, May 4 | 12PM - 3PM | Rockland Recovery Behavioral Health | 374 Old Post Road, Sharon

Please join us for grand opening ribbon а cutting ceremony at Rockland Recovery Behavioral Health in Sharon from 12:00pm-3:00pm. The ribbon cutting ceremony will commence at 1:00pm.

Rockland Recovery Behavioral Health will host ribbon cutting ceremony а at their newest location at 374 Old Post Road in Sharon with light refreshments, tours, networking, photo-op,



and more! This is a complimentary event and open to the public, but please register in advance. Hope to see you there! Register and learn more online at metrosouthchamber.com/event/rockland-recovery-behavioral-health-ribboncutting-in-brockton

Questions? Contact Cathryn Schofield or call (508) 586-0500 x 231.

Spring Networking with Abington Bank, Holbrook Branch

Wednesday, May 24 | 5:00pm - 7:30pm | Abington Bank | 95 N. Franklin Street, Holbrook



Please join the Metro South Chamber of Commerce for a Business After Hours Open House networking event at Abington Bank on Wednesday, May 24, 2023 from 5:00 -7:30PM.

It feels like spring has finally sprung so don't miss this great business-building

opportunity. Enjoy delicious food and beverages while connecting with potential customers, existing chamber members and friends in the Metro South community. Register online at metrosouthchamber.com/events.







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Chair of the Board Richard Hynes, Barbour Corporation

President and CEO Christopher Cooney, CCE, MPA, Metro South Chamber of Commerce

Chair-Elect Dan Evans, Evans Machine Co., Inc.

Treasurer Gregory Hart, CPA, Summer St Financial Advisors

BOARD OF DIRECTORS, DIRECTORS

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Donald Donnalson - Beantown Builders, Inc.

Nelson Fernandes - Toast

Robert Haffey - Signature Healthcare

Matthew Hesketh - Good Samaritan Medical Center - Steward Health Care

Chuck Jones - Harbor Health

Kelly Mallory - Mallory Headsets, Inc.

CHAMBER STAFF

Christopher Cooney, CCE, IOM, MPA President and CEO x 223

Emma Stratton Director of Communications x 222

Cathryn Schofield Programs & Events Coordinator x 231



ACCREDITED CHAMBER OF COMMERCE

CHAMBER MISSION: To best serve the unique interests and needs of member businesses and to champion the broader vitality of the Metro South region.

Metro South Chamber of Commerce Sixty School Street, Brockton, MA 02301-4087 tel: (508) 586-0500 info@metrosouthchamber.com www.metrosouthchamber.com

Vice Chair Economic Development							
George	Spilios,	Crown	Uniform	&	Linen	Service	

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Vice Chair Community Affairs Sue Joss, Brockton Neighborhood Health Center

Vice Chair Membership Development Mike Lambert, Brockton Area Transit Authority

Immediate Past Chair Joseph Casey, HarborOne Bank

Jeni Mather -	JΜ	Pet	Resort
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Albert Senesie - Victory Human Services

Doug Smith - Stonehill College

Rich Spencer - North Easton Savings Bank

Andrew St. Pierre - Brockton Plumbing & Heating Supply

Lisa Strattan - The Enterprise

David Teixeira- The Mattress Maker of New England

(508) 586-0500 Front Desk x 221

Membership Membership Sales x 229

Theresa Lobo-Albin Finance x 230

Newsletter Written & Designed by Emma Stratton. Printing Provided by The Enterprise.

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The Metro South Chamber of Commerce is solely responsible for the editorial content of this publication.

The Chamber wishes to assure our members of our intention to provide universal access to all programs. If you or your employees require assistance in this area, please let us know by calling the Chamber at (508) 586-0500 at least 48 hours in advance.

Calendar Sponsor:	CHAMBER	Calendar

Community Navigator

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Networking at events is one of the most effective ways to grow your business!

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03	Chamber Ambassador Meeting Zoom Virtual Meeting	9:00 am	
04	Ribbon Cutting: Rockland Recovery Behavioral Health 374 Old Post Road, Sharon	12:00 pm	
09	Executive Board Meeting Zoom Virtual Meeting	3:00 pm	
19	32nd Annual Small Business & Entrepreneur of the Year Awards12:0Thorny Lea Golf Club, 159 Torrey Street, Brockton		
24	Chamber Board Meeting Zoom Virtual Meeting	12:30 pm	
24	Business After Hours: Abington Bank 95 N. Franklin Street, Holbrook	5:00 pm	
le			
01	Restaurant Week Kickoff! <i>Tentative, please save the date</i>	TBA	
4-8	Regional Restaurant Week Support Local Restaurants by Order Going Out this Week!	ering and	
07	Chamber Ambassador Meeting Zoom Virtual Meeting	9:00 am	
16	25th Annual ATHENA Award Luncheon Thorny Lea Golf Club, 159 Torrey Street, Brockton	12:00 pm	
informati	passador Team meets on a monthly basis to serve fellow members on, resources, member-to-member support, increasing awareness ar ticination in Chamber programs and services. To learn more, please em	nd promoting	

active participation in Chamber programs and services. To learn more, please email Cathryn at CSchofield@metrosouthchamber.com.

Note: All meetings are held at the Metro South Chamber Office (via Zoom) or Metro South Business Assistance Center (BAC), Sixty School Street, Brockton unless otherwise indicated.

UP-TO-DATE News



MassDevelopment Monthly Office Hours at the Chamber with Jay Pateakos

Jay Pateakos, Vice President of Business Development for the South Region of MassDevelopment will host a series of virtual office hours through the Metro South Chamber of Commerce.

Pateakos will be available to provide information and answer questions about how the organization can help businesses, financial institutions, and municipalities in southeastern Massachusetts.

For more information, email Jay at **jpateakos@massdevelopment.com** or call (508) 678-0533 x 1201.

Exclusive Staples Discounts for Chamber Members Members of the Metro South Chamber of Commerce have access to special partner discounts, 10% off in-store regularly priced purchases and 20% off Printing and Marketing Services, every time they shop in store. They can save on an assortment

Sponsored by: Good Samaritan Medical of products, from signage, to PPE, to business essentials, and more! Visit

Members - send Good News to estratton@metrosouthchamber.com

business essentials, and more! Visit www.metrosouthchamber.com/ membership/savings/ to learn more.

COMING SOON, MAY 13: Fuller Craft Museum presents "Material Mapping: Data-driven Sculpture by Adrien Segal and



Norwood Viviano" Material Mapping: Data-driven Sculpture by Adrien Segal and Norwood

Viviano features two artists working at the intersection of information and craft. Using a range of materials, from glass to wood to steel, Adrien Segal and Norwood Viviano transform data into tactile, sculptural forms. Segal seeks to bridge the divide between scientific observation and emotional engagement, with objects that examine disruptions to our natural environment. Also responding to change, Viviano creates artwork that materializes industry-related population shifts. Together, the artists offer dimensional pathways for understanding the world around

us and our lasting impact upon it. This exhibition was made possible, in part, by Baker Testing Services and MathWorks. Fuller Craft Museum is open Tuesday - Sunday, 10AM-5PM, and is located at 455 Oak Street in Brockton. Admission is free for everyone. Visit fullercraft.org to learn more.

MSBDC Calendar - Online Training

Visit msbdc.org/training to register

- 5/1: Basics of Starting Your Business
- 5/3: Starting a Business 101
- 5/3: Recommended Steps to Getting "Procurement Ready"
- 5/11: Finding Government Contracting Opportunities
- 5/12: Foreign-Produced Direct Product Rules Revisited (MassExport)
 5/25: Basics of Starting Your
- Business
- 6/14: Starting a Business 101

Rooted: A Community Celebration of Wellbeing

"We are excited to invite you to participate in Pinnacle Partnerships' Inaugural Interactive Community Celebration of Wellbeing, Rooted: A Celebration of Mental Wellbeing! The roots of wellbeing grown within ourselves, our homes, and our communities ground people for a well-lived life, provide us strength through storms, and resilience in the www.metrosouthchamber.com

face of life's inevitable challenges. Through community partnerships collaboration, Pinnacle and Partnerships serves youth and families in their communities and beyond. We reduce stigma related to mental health and provide culturallyrooted and trauma-responsive resources embedded in fun and engaging wellness activities. The event will be held on Saturday, May 20th from 11am-3pm at the Jubilee Christian Church, South Street, Stoughton, MA. Our goal is to bring together mental health professionals and other organizations to provide a comprehensive range of resources, information, and education to the larger community around mental health care and treatment. Contact: info@pinnships.org to learn more

Business Leaders Survey - Massachusetts Business Alliance for Education (MBAE)

selfserve.decipherinc.com/survey/ selfserve/1040/230404?list=17

TAKE THIS SURVEY Share your views on the workforce, our education system, and the state's economic competitiveness.

Health Care Matters

Sponsored by: Good Samaritan Medical Center

Every 40 seconds, someone in the U.S. has a stroke.

It could happen on your street, in your workplace, at a store where you shop — anywhere. Your readiness to spot the stroke warning signs and call 911 could save a life or make the difference between a full recovery and longterm disability. That's why it's so important to learn the stroke warning signs and urge everyone you know to do the same.

This year, during Stroke communities.

Awareness Month Good Samaritan Medical Center is urging everyone to know the warning signs and symptoms to identify a stroke and the importance of taking F.A.S.T. action to help minimize any devastating effects.

About Good Samaritan Medical Center: Good Samaritan Medical Center is an acute-care, 224-bed hospital providing comprehensive inpatient, outpatient, and Level III Trauma emergency services to Brockton and 22 neighboring communities.

235 North Pearl Street, Brockton, MA 02301

The hospital offers Centers of Excellence care in orthopedics, oncology, and cardiology, specialized care in surgery, family-centered obstetrics with level-two nursery, and advanced diagnostic imaging. Good Samaritan Medical Center has the Gold Seal of Approval from the Joint Commission on Accreditation of Health Care Organizations. Good Samaritan Medical Center is part of Steward Health Care System. To learn more visit https:// www.goodsamaritanmedical. org.

508-427-3000







ATHENA Award - Honoring & Empowering Women in Reaching Their Full Leadership Potential



On Friday, June 16 from 12:00pm - 1:45pm, the Metro South Chamber of Commerce and Eastern Bank will present the 25th Annual ATHENA Award to an exceptional individual who has achieved excellence in their business or profession, served the community in a meaningful way, and has assisted women in reaching their full leadership potential. This year the event will be held at Thorny Lea Golf Club, located at 159 Torrey Street in Brockton.

The ATHENA Awards Program was created in 1982 and has expanded to over 500 cities in the United States, Canada, the United Kingdom, the United Arab Emirates, Russia, and China. The Metro South Chamber of Commerce believes in the values underlying the ATHENA Foundation's philosophy of incorporating the talents and expertise of women into the leadership of our businesses, communities, and government.



Laurie Nsiah-Jefferson, Director, Center for Women in Politics and Public Policy; Graduate Program Director, Gender, Leadership, and Public Policy Graduate Certificate Program; McCormack Graduate School; UMass Boston.



This year, the guest speaker is Laurie Nsiah-Jefferson, Director for the Center for Women in Politics and Public Policy at UMass Boston, and graduate program director for the Gender, Leadership and Public Policy graduate certificate program.

In 2018 she was a visiting professor in the same program. She has held faculty and senior scientist positions at the Heller School for Social Policy and Management at Brandeis University, where she was affiliated with the Institute for Child, Youth and Family Policy, the Institute on Assets and Social Policy, and the Sillerman Center for the Advancement of Philanthropy.

In prior academic roles, Nsiah-Jefferson has headed efforts related to diversity, equity, and inclusion at the Heller School, and was the concentration head for women, gender, and sexuality studies for the Master's in Public Policy Program. Dr. Nsiah-Jefferson has served as affiliate faculty with the Health, Science, Society and Policy Program, Women, Gender, and Sexuality Program, and the African and Afro-American

Studies Department at Brandeis University. She is also an affiliate of the Intersectionality Institute for Policy and Research, Simon Fraser University, Vancouver, British Columbia. She was recently appointed Associate Research Professor at the University of North Carolina, College of Health and Human Services.

Nsiah-Jefferson earned a PhD in social policy with a concentration in Health Policy/ Health Services from the Heller School for Social Policy and Management, and a Master's in Women and Gender Studies from the Graduate School of Arts and Sciences, Brandeis University. She also received a Master's in Public Health (MPH) degree in Health Services Administration from Yale University School of Medicine, Dept. of Epidemiology and Public Health. In addition she holds a BA in African and Afro-American studies and politics from Brandeis University.

To nominate an individual for an ATHENA Award, register to attend, or for more information please contact Cathryn Schofield at (508) 586-0500 x 231 or email CSchofield@metrosouthchamber.com. Nomination deadline: May 5th. Learn more online at metrosouthchamber.com/events.

Prior ATHENA Recipients

- 2022 Phyllis Ellis, Brockton Area NAACP
- 2021 Sheila Sullivan-Jardim, MassHire GBWB
- 2020 Nancy B. Gustafson, The Charity Guild
- 2019 Sharon Wolder, Brockton Public Schools
- 2018 June Saba-Maguire, Brockton Public Schools
- 2017 Diane Bell, Bridgewater State University
- 2016 Cheryl Opper, School on Wheels
- 2015 Mary Waldron, Bridgewater State University
- 2014 Janet Trask, Brockton VA Hospital
- 2013 Kathleen Smith, Brockton Public Schools
- 2012 Ruth Bramson, Girl Scouts of Eastern MA
- 2011 Elaine Reiser, Brockton Area Multi-Services

Sponsored by:



2010 Anne DeMinico, St. Joseph Manor

- 2009 Sue Joss, Brockton Neighborhood Health Ctr
- 2008 Vanessa Tierny, Brockton Area Multi-Services
- 2007 Susan Szachowicz, Brockton High Principal
- 2006 Loretta Degrazio, East Coast Petroleum
- 2005 Marianne Wroble Cox, WXBR 1460AM Radio
- 2004 Shailah Stewart, Brockton Public Schools
- 2003 Linda Faria Braun, The Adult Learning Center
- 2002 Christine Karavites, Proteas Consulting
- 2001 Barbara Duffy, My Turn, Inc.
- 2000 Noelle Foye, Brockton Elementary School Nurse
- 1999 Janice Cunningham, East Bridgewater Police

"We develop, support and honor women leaders from the classroom to the boardroom."

- ATHENA International

National Small Business Week 2-Day Virtual Summit



Navigator \sim Na

Business Administration May 2 – May 3, 2023, for the National Small Business Week Virtual Summit hosted by the U.S. Small Business Administration and SCORE. Attend this free, virtual summit to learn new business strategies, meet other business owners and chat with inductor owners.

other business owners and chat with industry experts! This 2-day, actionpacked event will include educational sessions, online business resources, and expert speakers. To learn more about this event and to participate, please visit www.sba.gov/national-small-business-week.

Area Chambers Convene for Opening Day of Live Harness Welcome New Biz to the Region: Porter & Chester Institute Racing at Plainridge Park Casino: Mega-Networking!

In April, ten area Chambers of Commerce gathered at Plainridge Park Casino in Plainville, MA on opening day of live harness racing to grow and strengthen their business connections with multi-chamber mega-networking! Members of the Metro South Chamber, Tri-Town Chamber, Cranberry Country, Neponset River Regional Chamber, Plymouth Area Chamber, United Regional Chambe, One SouthCoast Chamber, Taunton Area Chamber, Walpole Chamber and the Tri-County Regional Chamber had the opportunity to make new connections and refresh their existing ones, while enjoying refreshments and races. Follow us on flickr to see the full photo album at flickr.com/metrosouthchamber. PC: Heller Photography



Chamber Industry Recognizes Service, Mentorship & **Professional Development**

The Massachusetts Association of Chamber of Commerce Executives (MACCE) each year recognizes distinguished service in the chamber industry. This year, Emma Stratton, MSCC Director of Communications was recognized for five years of dedicated service to the Metro South Chamber of Commerce and community. Emma is currently enrolled in the United States Chamber of Commerce Institute for Organizational Management at Villanova University, a four year program focused on many aspects of business association and non-profit management. "It's such a pleasure to work with Emma and see how well Bridgewater State University helped prepare her for this role in the community. Her skills are many and varied, all well suited for her expanding role with the Chamber", said Chamber CEO, Chris Cooney.

In addition, MACCE recognized two Chamber CEOs for twenty-five years of service. "No better feeling to see colleagues

Marie Oliva (who replaced Chris Cooney at the Cape Cod Canal Region Chamber) and Roy Nascimento (former MSCC Vice-President) achieve recognition for 25 years leading communities and leading Chambers of Commerce in Massachusetts. Both are wonderful examples and I'm pleased to have introduced and welcomed both to the industry 25 years ago! Congratulations to Marie and Roy!" said Chris Cooney, President & CEO, Metro South Chamber in a recent article posted on LinkedIn.

(Right) Emma Stratton, Metro South Chamber of Commerce.



Chris Cooney, Metro South Chamber; Marie Olivia, Cape Cod Canal Regional Chamber; and Rov Nascimento, North Central MA Chamber.





Welcome Porter & Chester Institute Brockton! Thank you community leaders, Timothy Sullivan, Brockton School Committee; Mayor of Brockton, Bob Sullivan; MA Senator, Mike Brady; and Dan Trout and Suzanne Fernandes of North Easton Savings Bank for joining us in recognition of a great new addition to the Metro South region.

Porter & Chester Institute has come to the great City of Champions at 609 Belmont Street, Brockton! In early April, members of the Metro South business community, regional leaders, and local stakeholders gathered for a grand opening ribbon cutting ceremony at Brockton's newest continuing education facility. We were joined by Mayor of Brockton, Bob Sullivan; as well State Senator Mike Brady; Timothy Sullivan, Brockton School Committee; and Metro South Chamber ambassadors and members.

Career education and training at Porter & Chester's Brockton campus is designed to give you the technical skills you need to become a valued employee in today's competitive workforce. Join students from Easton, Bridgewater, Whitman, Avon, Abington, Stoughton and other surrounding towns that have improved their career opportunities with career training programs from Porter and Chester Institute. Career training programs include:

Automotive: automotive technology

• Computers: computer aided drafting and design; computer and network technology

 Trades: career industrial, commercial, electrician; HVACR and residential (heating, ventilation, air conditioning, and refrigeration)

• Healthcare: dental assisting; medical assisting

Please visit porterchester.edu/campuslocations/brockton-ma or call (774) 360-8300 to learn more about career opportunities, career partnerships, and more!



Timothy Sullivan, Brockton School Committee; Mayor of Brockton, Bob Sullivan; and MA Senator Mike Brady joined us in congratulating the Porter & Chester institute Brockton Campus team to the region.



Commercial electrical lab



Automotive tech lab

Commercial & Housing Development Highlighted during Healthier You Ribbon Cutting Celebrates New Building Chamber Luncheon; New Leadership Program Announced



In mid-April, the Metro South Chamber hosted a special economic development luncheon featuring a panel of leaders from commercial and housing development. Panelists included Lynn Tokarczyk, Government Tax Incentive Consultant, Business Development Strategies, Inc.; Rob Corley, CEO, NeighborWorks Housing Solutions; Rob May, Director of Planning and Economic Development, City of Brockton; and George Spilios, Co-President, Crown Uniform and Linen Service.

The leadership program "South Shore Leadership" cohort was also in attendance during their Economic Development Day tour, where they visited Brockton medical & recreational marijuana dispensary In Good Health; as well as Crown Uniform & Linen Service in Brockton.

With South Shore Bank, a "Leadership Metro South" cohort is being established this year! The mission is to bring a diverse group of leaders and emerging leaders together to learn more about the uniqueness of our region. This yearlong, thought-provoking community leadership program examines regional challenges and opportunities through expert panel discussions, virtual and on-site visits, presentation, focus groups, interactive activities, and other innovative, experiential learning activities. Applications for the program will be available in May, with the program commencing in October 2023. Stay tuned! Contact JTully@southshorebank.com for more info or visit www. southshorebank.com/Why-South-Shore-Bank/Leadership.



Robert Corley, NeighborWorks; Rob May, Brockton City Planner; Jim Dunphy, South Shore Bank; Joe Gratta, Atlantic Mechanic; Lynn Tokarczyk, Business Development Strategies, Inc.; George Spilios, Crown Uniform and Linen Service; Stan Blackmur, Black Rock Advertising & Publishing LLC (South Shore Magazine); Richard Hynes, Barbour Corporation; MA Senator Mike Brady; and Chris Cooney, Metro South Chamber.



John Messia, Mayor Sullivan, and Sydné Marrow, City of Brockton; and Peter Forman, South Shore Chamber President.



Brockton Redevelopment Authority and their intern students attended to learn more about the Metro South economy.



Photos courtesy of Rich Morgan Photography. Visit flickr.com/photos/ metrosouthchamber to see more photos from this event.

View more photos at flickr.com/metrosouthchamber. PC: Rich Morgan Photography





Mayor of Brockton, Bob Sullivan; Marnite Dolne, Healthier You Wellness Partners; MA Senator Mike Brady; Chris Cooney, Metro South Chamber

Healthier You Wellness Partners, celebrated the opening of their new headquarters on Pleasant Street in Brockton recently. Owner, Marnite Dolne, welcomed dozens of people including elected officials, employees, and clients of the health care industry small business, started eight years ago and now moving into new space to accommodate projected growth. Healthier You Wellness Partners is dedicated to their clients' health and committed to providing

adult care services allowing seniors to live independently in their own home while receiving special assistance, personal care and support. To learn more about Healthier You, visit healthieryouwellnesspartners.com.

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Restaurant Week is BACK! June 4-8, There Are So Many To Try...Celebrate All Month Long!



ØEastern Bank JOIN US FOR GOOD "Everyone that knows restaurants have suffered greatly during the pandemic. We are eager to encourage everyone out dine during to Restaurant Week and of course to continue doing so afterward."

- Chamber President, **Chris** Cooney







Fast Betty's Cafe, 685 Warren Ave., Brockton

Pho Town 6, 27 Westgate Drive, Brockton

Chateau, 1165 Park St., Rt. 27, Stoughton

The Metro South Chamber of Commerce is pleased to announce that, working with Brockton, Easton, Avon, Whitman, Abington, East Bridgewater, West Bridgewater, Randolph, Stoughton, the Chamber, will run the 2nd Annual "Regional Restaurant Week" from Sunday, June 4th through Thursday, June 8th.

A dedicated "Regional Restaurant Week" webpage has been built and is housed on the Chamber's website. It lists all participating restaurants, their special offers, and links to their websites. A social media campaign will be executed using Facebook, Twitter, and Instagram. Diners will be encouraged to post selfies on their social media platforms as they dine out.

Many of these participating restaurants are well known and past Taste of Metro South participants, as well as many more local eateries. Visit metrosouthchamber.com/restaurant-week for full list of participating eateries.

ATTN: EMPLOYERS - MassHire 5th Annual **Construction Career Day, May 12 in Brockton**



Friday, May 12th, 9AM-1PM @ Massasoit Community College in Brockton. Brockton Area Construction Career Day will give area high METRO school students an exciting, immersive opportunity to learn about South career pathways in many varied construction related industries. Incorporating hands-on activities and live demonstrations, professionals from a wide variety of these industries are available to

answer questions and give students a taste of what it would be like to work in their respective fields. Students will explore careers in:

· Building/Remodeling	 Architecture 	 Landscaping
 Engineering 	 Welding & Mechanical 	· Utilities
· Paving/Sealcoating	 Land Surveying 	 Management
· Electrical	· Solar & Energy	& MORE
· Plumbing/HVAC	· Smart Technologies	

To exhibit and participate, support, or volunteer, call John Nesti at MassHire Greater Brockton Workforce Board: (508) 584-3234 or email jnesti@ masshiregbwb.org

"We are excited to have this opportunity to promote and assist local businesses and look forward to working with our Chamber affiliates and partners to fill up the seats of our restaurants", said Cooney.

Kick-off event planned for June 1 and participation is FREE! please simply let us know if you wish to participate. Email CSchofield@ metrosouthchamber.com

SEED Corp. Business Entrepreneurial Workshop Series

Basic Entrepreneurial Workshop: Business Fundamentals

Date & Time: 5/9/2023 @ 10AM Register: seedcorp.com/events



ECONOMIC DEVELOPMENT CORPORATION

Contact: jmello@seedcorp.com

Description: SEED Corporation and Rockland Trust in cooperation with the U.S. Small Business Administration, Massachusetts Small Business Development Center, & SCORE provide this free, virtual



entrepreneurial workshop in which participants will learn the fundamentals of planning, preparing for and financing a small business. The workshop is open to anyone currently in business, starting a business, or thinking about someday owning a business, as well as business assistance professionals who would like to learn more about SEED's technical assistance programming. Attendees will be provided with a free business plan guide and other materials and will be introduced to free and confidential business assistance resources available to them locally and regionally.

Basic Entrepreneurial Workshop: Business Financials

Date & Time: 5/11/2023 @ 10AM **Register:** seedcorp.com/ events Description: SEED Corporation and Rockland Trust in cooperation with the U.S. Small Business Administration, Massachusetts Small Business Development Center, & SCORE provide this free, virtual entrepreneurial workshop in which participants will learn how to read and a balance sheet, income statement, and cash flow statement, and keep on top of their business finances. The workshop also explains how a small business owner can anticipate financial needs in order to operate the business more efficiently through a deeper understanding of their financial picture. The workshop is open to anyone currently in business, starting a business, or thinking about someday owning a business, as well as business assistance professionals who would like to learn more about SEED's technical assistance programming. Attendees will be provided with a free business plan guide that includes financial templates and will be introduced to free and confidential business assistance resources available to them locally and regionally.

RENEWING Members

Thank you!

Adult & Teen Challenge Massachusetts All American Gasket **B.N. Yanow Company** Banner Environmental Services Inc. Brent Warren Law, LLC Brewster Ambulance Service **Brockton Housing Authority** BuzzAround ECO Recycling Systems, Inc. Evans Machine Company, Inc. Irving's Home Center Khanbabai Immigration Law KMA Web Design, LLC Morse Insurance Agency, Inc. New Vision Enterprises Niccoli Oil & Energy

Paramount Rug Company, Inc. Paul E Saperstein Company, Inc. Pinecraft Signs & Graphics Premier Diagnostic Services, Inc Southeastern Oral &

Maxillofacial Surgeons Southeastern Regional School District Spilldam Environmental, Inc. Standard Modern Company, Inc. T. White Creations TRACEY Environmental Verdant Consulting Victory Human Services Wainwright Law Office, P.C. Woodwards Auto Parts & Spring Shop

WELCOME NEW MEMBERS!

Reinvesting in Our Community

Mocha Wellness Center LLC Sharlene Paul 832 Crescent Street Brockton, MA 02302 (508) 205-9225 mochawellnesscenter.com Massage Therapy Wise Mouth Inc. Lei Nichols (508) 345-2559 facebook.com/wisemouthinc *Beverage Suppliers*

Red Ball Promotions

Joe Emerson 1000 Franklin Village Drive, Suite 205 Franklin, MA 02038 (781) 771-4094 redballpromotions.com *Promotional Products*

For membership, contact: (508) 586-0500 x 229 membership@metrosouthchamber.com

Massasoit Gala "An Evening of Champions" May 13



"Thrilled to be named a champion for higher education by Massasoit Community College this year along with my colleague Peter Forman of the South Shore Chamber of Commerce and the most recent Athena Award recipient, Phyllis Ellis, Brockton Area NAACP executive director. Please join me in celebration of Massasoit Community College

at this awards gala on Saturday, May 13 on the Brockton campus at 6:30 pm. Massasoit Community College is a tremendous resource, providing access and affordability to higher education, a pathway to a better job, a better home and a better life." Cooney said. massasoit.edu/advancement/the-massasoit-foundation/an-evening-of-champions/

Empower Small Biz: MGCC Grants & Resources

EMPOWER SMALL BUSINESSES: Additional COVID Business Resources and Grants from Mass Growth Capital Corporation



The purpose of MGCC is to create and preserve jobs at small businesses, inclusive of those owned by women, minorities, immigrants and veterans. MGCC also works to promote economic

development throughout the Commonwealth, with special paid attention to business needs in underserved areas, Gateway Cities and low to moderate income communities. Visit www.empoweringsmallbusiness.org to learn more and apply for the follow grants:

BIZ-M-POWER GRANT: This program is focused on assisting lowincome and moderate-income entrepreneurs with their acquisition, expansion, improvement or lease of a facility, purchase or lease of equipment, or with meeting other capital needs of a business through crowdfunding. The objective is to provide entrepreneurs with new knowledge and skills for growing their business and advancing toward innovative approaches to obtaining capital through the earned support of local residents, neighborhoods, community members, and stakeholders alike.

EMPOWER DIGITAL GRANT: This program seeks to support the development of digital capabilities and consequent growth of small businesses of socially and economically disadvantaged individuals with the support of our Small Business Technical Assistance (SBTA) providers.

Visit www.empoweringsmallbusiness.org to learn more.

Join the Chamber Now, \$1,000 in Incentives



Becoming a member of the Metro South Chamber of Commerce provides your business opportunities to accelerate its growth. When you join the Chamber, you become a leader within the business community and a member ganization Membership means

of the region's most dynamic advocacy organization. Membership means potential new business prospects, new savings, access to valuable resources and information, a variety of marketing opportunities, and more, for you and your business. Chamber membership is affordable no matter how small your business, and it provides your business with tremendous opportunity.

Join to Receive OVER \$1,000.00 IN PROMOTIONAL BENEFITS

FREE Member Listing in the Action Report newsletter (distributed to over 20,000) **FREE** Member Profile in Action Report newsletter, distributed through *The Enterprise* **2 FREE** Listings in the 2023/24 Guide to the Metro South Region

- **FREE** 2022/23 Guide to the Metro South Region
- FREE Chamber Business List in Excel or mailing labels, \$150 value
- FREE Enhanced member listing on the Chamber website with hotlink to website
- **FREE** access to members-only page of website to post discounts, events, and more
- FREE opportunity to promote company at event share tables and at the Chamber
- FREE opportunity to promote company in the Action Report
- FREE business workshops

FREE membership sticker and virtual badge for your website.

Health Insurance Opportunities, Energy Power Purchasing Program, And More!! (Base Rate is \$375 + \$5 per full time employee)

For more info or to set up an appointment call (508) 586-0500 x 229 or email membership@metrosouthchamber.com.

Small Business Resource; We Speak Portuguese!



Theresa Lobo-Albin, Small Business Assistance



Theresa Lobo-Albin on the chamber staff is fluent in Portuguese. She is available to communicate with businesses that may require help in learning about various business assistance programs serving entrepreneurs, businesses and non-profits throughout the region.

Theresa holds a degree in business and accounting and has worked with many small businesses from numerous industries over her career in accounting.

The Chamber (in partnership with many regional, state, and federal resources) operates the Metro South Business Assistance Center and Thomas Edison Business Incubator in support of business development. Many of the BAC resources can be found online and are being offered remotely, including one-on-one coaching through SCORE

Counselors.

To learn more about business assistance resources in English and Portuguese contact Theresa Lobo-Albin at finance@metrosouthchamber.com or call (508) 586-0500 x 230. To learn more about the Business Assistance Center (BAC) and available business resources, visit www.metrosouthchamber. com/resources/business-assistance. Individual counseling is available by appointment.

Federal, State, and Regional Resources for Businesses



The Metro South Chamber of Commerce is dedicated to providing support for our business community now

more than ever - we're here for you. Below, please find an extensive list of federal, state, and regional resources available to you.

Brockton Redevelopment Authority Contact: Patricia Jackson (508) 586-3887

Center for Women & Enterprise Contact: Carla Akalatian (617) 532-0244

Massachusetts Office of Business Development (MOBD) Contact: Susan Whitaker (617) 620-1005

Massachusetts Small Business **Development Center Network** Contact: Jill Beresford (508) 673-9783

Massachusetts Supplier Diversity Office (SDO) Contact: John Fitzpatrick (617) 720-3300

MassDevelopment Contact: Jay Pateakos (508) 678-0533

MassHire Greater Brockton Workforce Board Contact: Jason Hunter (508) 584-3234

MassHire Greater Brockton Career Center Contact: John Murray (508) 513-3400

Old Colony Planning Council Contact: Mary Waldron (508) 583-1833 ext. 202

SCORE Business Counselors Contact: Peter Smith (508) 587-2673

South Eastern Economic **Development (SEED) Corporation** Contact: Sue Murray (508) 822-1020

U.S. Small Business Administration Contact: Susan Lourie (617) 565-5564

Own A Small Biz? Thinking of Starting One? Call SCORE!







FOR THE LIFE OF YOUR BUSINESS

To succeed, you have to stay ahead of the competition; whether you're looking for a business direction sheet or working to tap into value creation, connect with a SCORE mentor to help you! If you're just starting a business, SCORE mentors can provide the practical action plan, education and tools you need to open your doors and establish a customer base.

Already own a business? Our volunteer mentors can help identify ways to increase profit, improve employee and customer satisfaction, and achieve work/life balance. With SCORE, you can have the honest, confidential and sometimes tough conversations about raising money, motivating your team, marketing your business, and other topics.

Take advantage of their free live webinar series! Learn more by visiting www.score.org, www.sema.score.org, www.boston.score.org, or by calling (508) 587-2673. Ahead for the month and beyond...

May 2: Small Business Growth in the Age of AI: A Conversation on Trends, Opportunities, and Challenges

May 2: Unlock the Power of AI in Email Marketing to Sell More

May 2: Get Creative with Ads

May 2: Cybersecurity & Your Small Business

- May 3: Fueling Growth: A Discussion About Accelerating Your Business
- May 3: Evolving Your Small Business with the Power of 5G

May 3: Small Business Payment Strategies to Optimize Your Payment Processes

May 3: Future-Proofing Your Small Business for Long-Term Success

May 3: The Future of Commerce: 2023 Edition

May 3: Growing Your Business and Making an Impact with E-Commerce

May 3: Tapping Tech to Elevate Performance, Productivity, and Profitability

May 3: Ushering in the Second Half of 2023: Key Insights for SMBs

May 11: IRS Direct Pay - How to Pay Your Taxes Online Quickly and Easily

May 16: Registering to Sell to the Federal Government Market

May 18: 4 Things you Need to Take Your Business to The Next Level

May 23: Selling to the Federal Government Market

May 25: How to Overcome the Unique Challenges Facing AAPI Business Owners

Tax Season is Here! The Truth About Employee Retention Credits (ERC) and How to Process the Paperwork

Employee Retention Credits (ERC)



Credit (ERC) has evolved to become more widely available to many small businesses. It is worth, in many instances, more than PPP and EIDL grants. The ERC is for your small business to help you financially make it all the way through this pandemic. You will be glad you spent the

The Employee Retention Tax

Up to \$26K of tax credits per employee

one hour listening to this concise and helpful Zoom recording from the SBA.

Will your small business benefit? Take a listen and share with your payroll and accounting people to prepare your paperwork now. Watch the infosession online: https://bit.ly/3B79SRs

SEED Corp. Offers Micro and Small Loan Programs

South Eastern Economic Development (SEED) Corporation focuses on job creation by financing small business in Massachusetts and Rhode Island. Contact: call (508) 822-1020 x 312 or visit www.seedcorp.com



• Micro & Small Loans up to \$350,000

• Use of funds: Working capital; leasehold improvements/builtouts; inventory/supplies; real estate acquisitions (owned-occupied); furniture, fixtures, and equipment; refinancing business credit card debt

Chamber Affiliation News & Events

To become an affiliate organization of the Chamber, contact Christopher Cooney at (508) 586-0500 x 223 or e-mail chris@metrosouthchamber.com.

The Avon Industrial Park Association is a non-profit group seeking to advance

AVUN Industrial Park Association

• Interest rates: 6-7%

· Loan Term: up to 10 years

No prepayment penalty

the advocacy and business of its members in public and private affairs. Membership is open to all companies who operate within the confines of Avon Industrial Park in Avon, Massachusetts. For more information please visit avonindustrialpark.org.



The Bridgewater Business Association (BBA) promotes unity local government and the business community between and is committed to promoting goodwill among business owners, operating in an ethical manner, and supporting the community they serve. Visit bridgewaterbiz.biz for more information.



(C24BA), The Connect 24 Business Alliance formerly the Randolph & Stoughton Chambers of Commerce, was formed to increase strength and support for our members and provide more opportunities for our local community to thrive. Visit connect24ba.com to learn more.



business

The East Bridgewater Business Association (EBBA) was founded in 1993 "to promote a healthy business environment in East Bridgewater and to provide services to assist its members including education, networking and fellowship." www.eastbridgewaterbiz.com visit for more information.



healthy

Please

The Easton Chamber of Commerce is a non-profit 501(c) membership organization representing business and (6) professional people. The Easton Chamber of Commerce mission is to unite, guide and support Easton businesses goal of increasing economic opportunities and fostering a business climate. Visit easton-chamber.com to learn more.

ORWELL OMMERCE

The Norwell Chamber of Commerce's mission is to promote the civic, economic and social welfare of its members and the Town of Norwell. They actively assist the Chamber members with the challenges of business growth, management and entrepreneurship. Visit norwellchamberofcommerce.com for more information.



The South Shore Women's Business Network (SSWBN), established in 1991, was the inspiration of six women who felt that the needs of women in business were not being met by traditional organizations. They further believed there was a need for an organization that would provide networking opportunities to women and

business owners on the South Shore. Visit sswbn.org for more information.

Support Brockton Hospital Fire Recovery Fund

The fire emergency at Brockton Hospital has dramatically impacted our staff and the community over the past nine days. Signature Healthcare's mission remains



unchanged, to support our community and deliver medically necessary services to all in need regardless of status or ability to pay. Brockton Hospital has been a long-standing institution in the City of Champions for over 125 years. We plan to be here for the next 125 years, fulfilling the same mission to care for our community.

Our incredible staff continues to rise to the occasion. Since immediate efforts to safely evacuate and transport patients without incident subsided, our teams have been working day and night to provide solutions for our community's healthcare needs and to provide much-needed access.

We have a three-phased approach and tentative timeline to safely bring back and expand medical services:

Phase 1: Expanded access and hours at our Signature Medical Group ambulatory locations include Cardiac Testing, MRI, CT, Ultrasound, Diagnostic Radiology, Mammography, PET/CT and Bone Density. All are fully staffed and are accepting patients.

We will open two new urgent care centers over the next two weeks to care for our community. The first urgent care center will be located at our 110 Liberty Street location in Brockton, seven (7) days a week from 8:00am - 8:00pm. The second urgent care center will be located at 650 Centre Street, Brockton.

Phase 2: While the assessments and evaluations of the damage of Brockton Hospital continue by our experts in their fields, our goal is to re-open the Hospital with limited inpatient services in approximately three (3) months. This timeline is contingent on supply chain and access to necessary materials.

Phase 3: Additional hospital services will be phased-in after that. The services will be identified once assessments, evaluations and supply chains have been thoroughly reviewed.

Signature Healthcare owes tremendous gratitude to our state and local officials, government agencies, regional healthcare organizations and affiliates for their unwavering support of these goals. We are immensely appreciative of our staff and the help of our community partners in our shared goal of safely re-opening Brockton Hospital services.

Help us, help you! Donate now to our fire recovery efforts: www.bh-fire.org.

Member News: United Way to hold "Women United Leadership Breakfast" - May 3 in Brockton



Join us to learn about and to get involved with our impactful work feeding families, educating youth and adults, providing childcare, delivering elder homecare and more throughout Greater Plymouth County. The event will feature a dynamic keynote, the opportunity to meet with caring & leading women in our community, and a delicious breakfast! Featuring

keynote speaker: Julie Beckham AVP, Financial Education Development & Strategy Officer, Rockland Trust. Learn more: https://conta.cc/3nxjznI

Comparion Insurance Agency

Comparion Insurance Agency

100 River Ridge Drive, STE 105, Norwood • (774) 235-0339 mochawellnesscenter.com

insurance. Comparion agents can quote trusted national and regional insurance partners with products that cover your family, income and assets like a home, car, boat or centered, culturally rooted, and community-connected jewelry. Our local agents are in your community and can guide you through the complex process of finding the right insurance coverage.



Pinnacle Partnerships

P.O. Box 621 • (508) 251-9325 pinnaclepartnerships.org

mental health systems, on behalf of and in collaboration with, youth, families, and their communities. Familymental health services, programs, and pathways are created through strategic partnerships.

Major

Sponsors:

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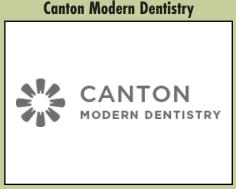
The Enterprise

A HARBORONE

North 🏉

Easton

SSCU



95 Washington Street, Suite 222, Canton • (781) 451-3150 cantonmoderndentistry.com

We know you want affordable choices when it comes to Pinnacle Partnerships innovates within children's Canton Modern Dentistry is helping patients throughout our community change the way they feel about going to the dentist office. Our staff makes it our mission to work closely with our patients so that we can create a treatment plan that is tailored to your unique needs. We are your partners in your oral health journey and will help you feel confident in the choices you make that affect your smile. From teeth cleaning to complete smile restorations, we use the most advanced technology available to deliver the best outcomes possible on all of our dental treatments.

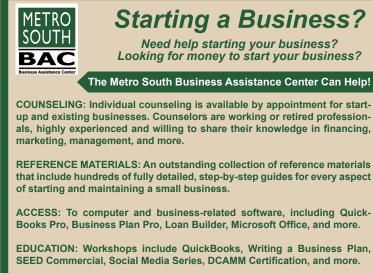


Concordia Home Care & Nursina Svc

20 Hampden Drive, Suite 2, Easton • (774) 296-8072 concordiahomecare.com

Everything we do is driven by our universal mission: to enhance the lives of ageing adults and their families. The solution for families that need an extra level of care. The place we call home is the place that feels most comfortable and secure.

A sense of home can become especially important as we age. Our in-home senior care services help ease the challenges of ageing while encouraging seniors to enjoy the comforts of home.



(508) 586-0500 metrosouthchamber.com/resources/business-assistance.

BUSINESS EVENTS *Planner*

May 3 **Ambassador Meeting** 9:00AM Virtual meeting via Zoom

Want to become a Chamber Ambassador and advocate for the Metro South business community? Contact Cathryn Schofield at (508) 586-0500 x231 or email CSchofield@metrosouthchamber.com.

May 4

Ribbon Cutting Ceremony -Rockland Recovery

Behavioral Health 12:00PM

374 Old Post Road, Sharon

Join us for a ribbon cutting & grand opening ceremony with networking, tours, photo-op, and more!

Register: metrosouthchamber.com/events

May 19 32nd Annual Small Business & **Entrepreneur Awards** 12:00PM 159 Torrey Street, Brockton

METRO

SOUTH

Join us in recognizing the achievements and contributions of small businesses and entrepreneurs in creating new jobs and economic opportunities in the Metro South region.

Register: metrosouthchamber.com/events

When Metro South is Home, **Everything's Within Reach**

Hundreds of Dining Options • Great Conference Space Over 500 Hotel Rooms • Many Parks & Lakes



The Metro South region offers the best of all worlds; cultural and corporate advantages, natural beauty, and the serenity of historic New England.

The region features top notch education, including three institutes of higher education, exceptional health care facilities, including four major hospitals. Rich in culture, the region is also home to symphonies, a craft museum, children's museum, and various historic museums. It also contains many recreational activities, including baseball outings, golfing and many parks and lakes for walking, biking, and fishing. With over 500 hotel rooms, the Metro South region is a great place to stay and competitive housing costs offer affordable and varied living opportunities.

Whether for Business or Pleasure, The Metro South region provides exceptional value in the heart of Eastern Massachusetts, centrally located between Boston, Providence, Plymouth and Cape Cod. Ride the rail to Boston in only 35 minutes! Call 508.586.0500 for your free map.

> Metro South Regional Economic Development Organization For more info, contact the Metro South Chamber of Commerce, 508.586.0500 • www.metrosouthchamber.com



May 24 Business After Hours with

Abinaton Bank 5:00PM 95 N. Franklin Street, Holbrook

Join us for an evening of business after hours networking with Abington Bank. Don't forget your business cards! There will be prizes, refreshments, and of course - networking!

Register: metrosouthchamber.com/events