



**Leading Businesses
Leading Communities**



Chamber Mission

To best serve the unique interests and needs of member businesses and to champion the broader economic vitality of the Metro South region.



Natural Agricultural Products Ribbon Cutting in Abington
Gary Leonard • Page 6



"The Anglim" redeveloped 55-unit Brockton building
Ted Carman • Page 7



Secretary of Economic Development, Yvonne Hao at Chamber luncheon • Page 6

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Mass Taxpayers Foundation President To Be Featured at Chamber Legislative Luncheon April 24

Wednesday, April 24 | 11:45 am - 1:30 pm | Location TBA



Doug Howgate, President, Massachusetts Taxpayers Foundation (MTF)



Massachusetts Taxpayers Foundation



Please join us for a special Legislative Luncheon **Wednesday, April 24th from 11:45am – 1:30pm, location to be announced.** Our guest speaker is Doug Howgate, President of the Massachusetts Taxpayers Foundation (MTF).

Doug began as President in January of 2023, after two years as the Foundation's Executive Vice President. This is Doug's second stint at MTF, having served as Research Director between 2015 and 2018.

All are welcome to attend, please register online at [metrosouthchamber.com/events](https://www.metrosouthchamber.com/events). Season ticket holders, please contact Cathryn to register, call (508) 586-0500x231 or email CSchofield@metrosouthchamber.com We look forward to seeing you at this event! *More on page 2.*

Grow Your Net Worth by Expanding Your NetWork! You Are Welcome!

Friday, April 19 | 2:00 pm | 19 Riverside Ave., Brockton

RIBBON CUTTING
April 19th
Leading Light Behavioral Health, Inc.
19 Riverside Avenue
Brockton, MA 02301
04/19 @ 2:00PM - 4:00PM
register & learn more online: [metrosouthchamber.com/events](https://www.metrosouthchamber.com/events)

Please join us for a ribbon cutting ceremony **Friday, April 19th from 2:00pm - 4:00pm at Leading Light Behavioral Health, located at 19 Riverside Avenue in Brockton, MA 02301.** This is a complimentary event but please RSVP! To register and learn more, visit [metrosouthchamber.com/events](https://www.metrosouthchamber.com/events). Questions? email events@metrosouthchamber.com *Read more on page 2.*

Monday, April 22 | 5PM | 301 Washington St., Plainville

MULTI CHAMBER NETWORKING EVENT AT

PLAINRIDGE PARK CASINO

Please join us for a night of multi-chamber networking and live harness racing! **Monday, April 22nd from 5-7:30pm at Plainridge Park Casino, located at 301 Washington Street in Plainville.** To register and learn more, visit [metrosouthchamber.com/events](https://www.metrosouthchamber.com/events).

NOW HIRING! Metro South Chamber Seeks Community-Minded Event Coordinator

WE ARE HIRING

OPEN POSITIONS

- Events Coordinator
- Development & Retention

JOIN OUR TEAM!

This is an excellent opportunity to invite businesses to join and engage in the chamber community by strengthening local ties in Brockton and beyond, while gaining a deep understanding of regional economic progress and the competitive developing future of the Metro South region. *More details on page 9.*

Annual Labor & Employment Law Update

MURPHY HESSE TOOMEY & LEHANE LLP
Attorneys at Law

Murphy, Hesse, Toomey, & Lehane, LLP in collaboration with the Metro South Chamber of Commerce, Neponset River Chamber of Commerce, South Shore Chamber of Commerce, and Quincy Chamber of Commerce is proud to announce the annual Labor & Employment Law Update on Thursday, April 11th at 8:30 a.m at Granite Links, 100 Quarry Hills Drive in Quincy, MA 02169. Admission is free for chamber members, but please register in advance. To register and learn more, visit [metrosouthchamber.com/events](https://www.metrosouthchamber.com/events). *Read more on page 2.*

Mass Taxpayers Foundation President To Be Featured at Chamber Legislative Luncheon April 24

Wednesday, April 24 | 11:45 am | Location TBA | register: metrosouthchamber.com/events



Doug Howgate, President, Massachusetts Taxpayers Foundation (MTF)



Massachusetts
Taxpayers Foundation



Founded in 1932, the Massachusetts Taxpayers Foundation (MTF) is widely recognized as the state's premier public policy organization dealing with state and local fiscal, tax and economic policies. MTF's record of high quality research and non-partisan analysis has earned the organization broad credibility on Beacon Hill and across the Commonwealth. Our mission is to provide accurate, unbiased research with balanced, thoughtful recommendations that strengthen the state's finances and economy in order to foster the long-term well being of the Commonwealth. Over the course of eight decades, MTF has played an instrumental role in achieving major reforms and promoting sound public policy in state government. In the past ten years, MTF has won sixteen prestigious national awards from the Governmental Research Association for our work on a wide array of topics. Our unique credibility has allowed us to have a significant impact on a wide range of issues - from health care, business costs and transportation funding to tax competitiveness, capital investments and state and local finances.

One of the hallmarks of MTF has been to provide comprehensive, accurate and timely facts and figures to our members, public officials, opinion leaders and the media. Our commitment to meticulous, high quality research and clearly explained, non-partisan analysis has received praise and respect on Beacon Hill and is reflected in an unprecedented number of national awards earned by the Foundation in recent years. Learn more at masstaxpayers.org

Annual Labor & Employment Law Update, April 11

Thursday, April 11 | 8:30 am - 12:30 pm | Granite Links | 100 Quarry Hills Drive, Quincy

MH MURPHY HESSE
TL TOOMEY & LEHANE LLP

Attorneys at Law



"Murphy, Hesse, Toomey, & Lehane, LLP in collaboration with the Metro South Chamber, Neponset River Chamber, South Shore Chamber, and Quincy Chamber is proud to announce that we will be hosting our annual Labor & Employment Law Update on Thursday, April 11th at 8:30 a.m at Granite Links, 100 Quarry Hills Drive in Quincy, MA 02169. Admission is free for chamber members, but please register in advance." Register online at metrosouthchamber.com/events

8:30 AM – 12:30 PM: Presentation

Schedule to include:

- 2023-2024 Case and Statutory Update
- The National Labor Relations Act Applies to You – What Every Employer Needs to Know About the NLRB's Expanding Protections for Employees
- Continuing to Navigate Paid Family and Medical Leave in Massachusetts
- AI and Technology in the Workplace

7:15 AM: Sign-in and Light Breakfast

Using Generative AI to Create Marketing Strategies

Tuesday, April 23 | 12:00 pm - 1:30 pm | Metro South Chamber | 60 School St., Brockton

We've heard the term quite a bit in 2023, but what is Generative AI? By definition, it is "deep-learning models can take raw data and "learn" to generate statistically probable outputs when prompted. For example, generative AI can create new content and ideas, including conversations, stories, images, videos, and music".

With that being said, how can we, as small business owners, use AI to create marketing strategies that can help us better define our reach in the digital market space. Join us for an in-person, interactive class (yes, please bring your computer) that will cover

- How we search
- Tool Overview: Gemini, Copilot and Chat GPT: Pros and Cons
 - Additional tools: Canva, Constant Contact, ZOOM and others
- How to use AI for the following
 - Communication: How people search for you?
 - What keywords are they using?
 - Competition: In those searches, is your competition appearing?
 - Are you?
 - Customer Profile: A psychographic of your customer and what their expectations are.
 - Content: Creating outlines for stories and blogs

Visit metrosouthchamber.com/event/using-generative-ai-to-create-marketing-strategies to register and learn more.

Ribbon Cutting at Leading Light Behavioral Health

Friday, April 19 | 2:00 pm - 4:00 pm | Leading Light BH | 19 Riverside Ave, Brockton



About Leading Light Behavioral Health, Inc.: "Our mission is to empower and contribute to people improving their mental wellbeing. At Leading Light Behavioral Health, Inc., our vision is to empower and enable the disenfranchised population in Massachusetts to achieve self-determination

and empowerment. We are committed to creating an environment where individuals can employ innovative strategies that lead to desirable actions and ultimately result in positive and healthy outcomes. As a center dedicated to the community we serve, we offer a wide range of services designed to address the needs of mental health wellness. Through seminars, weekend retreats, therapeutic groups, and individual, couples, and family counseling, we actively strive to raise public awareness about the importance of mental health in our community. Our services are specifically tailored to strengthen and enhance self-esteem, self-respect, and respect for others in society. We aim to promote overall health and well-being, addressing the diverse issues that individuals and families face in order to improve the quality of their lives and relationships. At Leading Light Behavioral Health, Inc., we place a special emphasis on providing support to individuals and families who have been affected by incarceration, as well as those who are underrepresented, BIPOC, and LGBTQIA+. We recognize the unique challenges they may face and are dedicated to offering them the support and understanding they deserve." Visit llbh-llc.com to learn more. *This is a complimentary event, but please pre-register online! Visit metrosouthchamber.com/events.*

BOARD OF DIRECTORS, OFFICERS

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Matthew Osborne - *Eastern Bank*

Jay Pike, CPA - *Citrin Cooperman*

Albert Senesie - *Victory Human Services*

Doug Smith - *Stonehill College*

Rich Spencer - *North Easton Savings Bank*

Andrew St. Pierre - *Brockton Plumbing & Heating Supply*

David Teixeira - *The Mattress Maker of New England*

CHAMBER STAFF**(508) 586-0500 Front Desk x 221**

Christopher Cooney, CCE, IOM, MPA
President and CEO x 223

Emma (Stratton) Penardi
VP of Communications & Special Projects x 222

Development & Retention - NOW HIRING!
Membership x 229

Theresa Lobo-Albin
Finance x 230

*Newsletter Written & Designed by Emma Penardi.
Printing Provided by The Enterprise.*



ACCREDITED
CHAMBER OF COMMERCE

CHAMBER MISSION: To best serve the unique interests and needs of member businesses and to champion the broader vitality of the Metro South region.

Metro South Chamber of Commerce
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The Metro South Chamber of Commerce is solely responsible for the editorial content of this publication.

The Chamber wishes to assure our members of our intention to provide universal access to all programs. If you or your employees require assistance in this area, please let us know by calling the Chamber at (508) 586-0500 at least 48 hours in advance.

Calendar Sponsor
SPACE AVAILABLE

CHAMBER Calendar

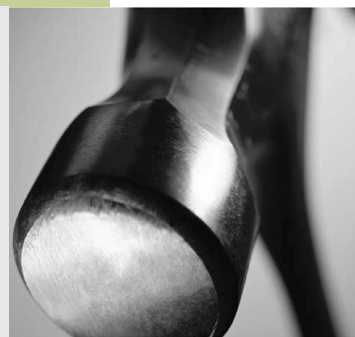
Networking at events is one of the most effective ways to grow your business!

April

- 03** Chamber Ambassador Meeting 9:00 am
Zoom Virtual Meeting
- 10** Ribbon Cutting: Kids & Company 2:00 pm
647 North Main Street, Randolph
- 11** Annual Labor & Employment Law Update 8:30 am
Granite Links: 100 Quarry Hills Drive, Quincy
- 19** Ribbon Cutting: Leading Light Behavioral Health 2:00 pm
19 Riverside Avenue, Brockton
- 22** Multi-Chamber After Hours 5:00 pm
Plainridge Park Casino: 301 Washington Street, Plainville
- 23** "Using Generative AI to Create Marketing Strategies" in-person workshop 12:00 pm
Metro South Chamber: 60 School Street, Brockton
- 24** Legislative Luncheon 11:45 am
Location TBA

May

- 08** Chamber Ambassador Meeting 9:00 am
Zoom Virtual Meeting
- 10** Small Business & Entrepreneur Awards 11:45am
Location TBA



METRO SOUTH
CHAMBER OF COMMERCE
*Leading Businesses.
Leading Communities.*

Impact.

It takes the right tools to start or grow a business. And it takes customers to keep business growing.

The Metro South Chamber of Commerce builds strong businesses and communities by connecting you to new customers and suppliers, as well as to those who influence the local economy and quality of life.

Access to the right tools. One more way the Chamber makes an impact.

To join the chamber call 508.586.0500 or visit www.metroouthchamber.com

Note: All meetings are held at the Metro South Chamber Office (via Zoom) or Metro South Business Assistance Center (BAC), Sixty School Street, Brockton unless otherwise indicated.

UP-TO-DATE News

Members - send Good News to
estratton@metrosouthchamber.com

Sponsored by: Good Samaritan Medical Center

MSBDC Online Training Calendar - visit msbdc.org/training to register

- 4/3: Tech Talks with Rob
- 4/4: How to Start a Business 101: The Basics
- 4/9: Business Credit 101 - How Your Personal Credit Impacts Your Business Credit (Worcester)
- 4/9: Social Media Marketing for Beginners
- 4/10: Ways to Improve Your Credit Score
- 4/12: Compliance Clinic (Compliance Alliance Members)
- 4/16: Government Contracting
- 4/17: Understanding Financials
- 4/18: How to Start a Business 101: The Basics
- 4/18: Preparing a Government-Targeted Capability Statement - A Business Resume
- 4/23: How to Become Woman Owned Certified with SBA
- 4/24: Understanding the Business Loan Process
- 4/25: Tuning Your Operations & Business Model
- 4/30: CYA on KYC: Employing Reasonable Due Diligence for Global Trade Compliance
- 5/1: Tech Talks with Rob
- 5/10: China's Anti-Espionage Law One Year Later: Lessons Learned for

- U.S. Businesses Operating in China
- 5/16: Best Practices for AES Filing and Compliance
 - 6/5: Tech Talks with Rob
 - 6/13: Use of the Cloud for Export-Controlled Tech Data: Trends, Tips and Best Practices
 - 7/3: Tech Talks with Rob

Fuller Craft Museum presents "Chris Bathgate: The Machinist Sculptor" May 18 in Brockton



Chris Bathgate: The Machinist Sculptor presents the complex sculptures and technical drawings of Baltimore artist Chris Bathgate. A self-trained machinist, Bathgate views precision machining as an art form, with a career spent exploring ways in which digital technologies and studio craft can coexist. To create his sculptures, Bathgate utilizes handmade tools, automated milling and drilling machines, and meticulous handwork. Through his process-oriented approach, Bathgate investigates the tension points between aesthetic and utility, form

and function, and industrial and handmade, digital and analog. The Machinist Sculptor features over 50 works by Bathgate, ranging from handheld forms and large-scale sculptures to technical drawings and touchable objects. Fuller Craft Museum is delighted to present Bathgate's solo exhibition as a wonderful example of how computer-mediated fabrication may bridge the divide between art, craft, and industrial production in the Digital Age. Fuller Craft Museum is open Tuesday - Sunday, 10AM-5PM, and is located at 455 Oak Street in Brockton. Admission is free for everyone. Visit fullercraft.org to learn more.

Brockton Symphony Orchestra presents: "Sinfonia Portuguesa" April 21 @ 3PM



Brockton Symphony Orchestra
 A Greater Brockton Treasure

Dance with the Symphony in our season finale! This program highlights the dazzling musical traditions of Brazil, Spain, and Portugal and invites internationally acclaimed French guitarist Jérémy Jouve to the BrSO stage. Please call (508) 588-3841 for more information or visit brocktonsymphony.org.

MASSDEVELOPMENT

MassDevelopment Monthly Office Hours at the Chamber

MassDevelopment will host a series of virtual office hours through the Metro South Chamber of Commerce.

MassDevelopment will be available to provide information and answer questions about how the organization can help businesses, financial institutions, and municipalities in southeastern Massachusetts.

For more information, email Jay at jpateakos@massdevelopment.com or call (508) 678-0533 x 1201.

Exclusive Staples Discounts for Chamber Members
 Members of the Metro South Chamber of Commerce have access to special partner discounts, 10% off in-store regularly priced purchases and 20% off Printing and Marketing Services, every time they shop in store. They can save on an assortment of products, from signage, to PPE, to business essentials, and more! Visit www.metroouthchamber.com/membership/savings/ to learn more.

Health Care Matters

Sponsored by: Good Samaritan Medical Center

235 North Pearl Street, Brockton, MA 02301

Good Samaritan Medical Center
 Steward A STEWARD FAMILY HOSPITAL

508-427-3000

www.goodsamaritanmedical.org

Welcome Steward Endocrinology Specialists North Easton

Good Samaritan Medical Center welcomes Dr. Grace Thomas, Dr. Howard Fogel, Nadia Lubman, CDCES/RND, and Erin Joyce, PA to Steward Endocrinology Specialists North Easton located at 15 Roch Bros Way, Suite 220, North Easton.

This new practice provides treatment for patients with a range of endocrinology, diabetic, and metabolism conditions. The office is accepting new patients and may be reached at 508-897-6390. Talk to your doctor today if you need a referral for this specialized endocrinology care.

Good Samaritan Medical Center is an acute-care, 267-bed hospital providing comprehensive inpatient, outpatient, and Level III Trauma emergency services to Brockton and 22 neighboring communities. The hospital offers Centers of Excellence care in orthopedics, oncology, and cardiology, specialized care in surgery, family-centered obstetrics with Level II nursery, and advanced diagnostic imaging. Good Samaritan Medical Center has the Gold Seal of Approval from the Joint Commission on Accreditation of Health Care Organizations. Good Samaritan Medical Center is part of Steward Health Care System. To learn more visit www.goodsamaritanmedical.org.



Job & Internship Fairs - Connecting with the Workforce



Thursday, April 4 | 12:00 am – 3:00 pm
Tinsley Athletic Center Gym | 131 Summer St., Bridgewater
 The Job & Internship Fair is a great way for employers to meet a large number of potential candidates looking for full-time, professional-level positions as well as internships.

Career Services provides a comprehensive marketing effort for the event so that employers can expect to see hundreds of candidates. This event is open to all Bridgewater State University students, alumni and the community providing over 100 employers with the opportunity to meet with 500+ candidates from a variety of majors at the undergraduate and graduate levels. Employers attending must have open/anticipated full-time, degree required jobs and/or academic internships. This event is invite only. Please contact Laurent Troland at: ltroland@bridgew.edu

Wednesday, May 1 | 4:00 pm – 6:00 pm
Rondileau Student Union Ballroom | 19 Park Avenue, Bridgewater
https://bridgew.joinhandshake.com/edu/career_fairs/38462

The Education Career Fair is a recruiting opportunity for educational organizations including public school districts, charter schools, private and independent schools, and education focused non-profits. This fair allows school hiring personnel to network with top-caliber teacher, counselor, and administrator candidates from Bridgewater State University and other area colleges. With over 60 school districts and 100+ students and alumni in attendance, this is a can't miss recruiting event! This event is invite only. Please contact Katie Vagen at: kvagen@bridgew.edu



Wednesday, April 3 | 11:30 am - 1:30 pm | Spring Career Fair
(508) 588-9100 | massasoit.edu/event/spring-career-fair
 Opportunity to connect with students and recent graduates for internships, part-time and full-time jobs.

Saturday, April 6 | 10:00 am - 1:00 pm | Open House - Brockton Campus
(508) 588-9100 | massasoit.edu/event/open-house-brockton-campus
 Many of our courses are transferable to four-year colleges and universities, so you can take the credits earned here and apply them to a longer program. This is a great way to save money and get a jump start a future with less debt! Massasoit also offers a variety of career-focused programs that can help you get started in the career of your choice. Find the perfect path for you.

ATHENA Award - Honoring & Empowering Women Leaders: Call for Nominations

This June, the Metro South Chamber of Commerce and Eastern Bank will present the 26th Annual ATHENA Award to an exceptional individual who has achieved excellence in their business or profession, has served the community in a meaningful way, and has assisted women in reaching their full leadership potential.

The ATHENA Awards Program was created in 1982 and has expanded to over 500 cities in the United States, Canada, the United Kingdom, the United Arab Emirates, Russia, and China. The Metro South Chamber of Commerce believes in the values underlying the ATHENA Foundation's philosophy of incorporating the talents and

expertise of women into the leadership of our businesses, communities, and government.

To nominate an individual for an ATHENA Award, or for more information please contact the Chamber at (508) 586-0500 x 231 or email estratton@metrosouthchamber.com. Nomination deadline: May 10th. Learn more online at metrosouthchamber.com/event/athena-leadership-award-luncheon-2024

Sponsored by:



Call for 2024 Small Biz Award Nominations



The Metro South Chamber and Bank of America recognize the achievements and contributions of small businesses and entrepreneurs in creating new jobs and economic opportunities in the Metro South region. We welcome you to nominate businesses for the *2024 Small Business of the Year and Entrepreneur of the Year awards*.

You may nominate your own business or any other business you deem worthy. For nomination forms, call (508) 586-0500 x 231. You may include any additional documentation that will help illustrate why the business is deserving of the award. Nominees do not need to be members of the Chamber.

Small Business of the Year Criteria:
 50 or less full-time employees (or equivalent); in business more than 3 consecutive years under the current ownership; for-profit business.

Entrepreneur of the Year Criteria:
 10 or less full-time employees (or equivalent); in business less than 3 years; a for-profit business.

Companies will be rated on their creativity and imagination in the development of their business, demonstration of growth, and a reflection on internal and external social responsibility.

Nominations are due to the Chamber by April 12, 2024. Recipients will be announced at the Small Business and Entrepreneur Lunch in May.

Sponsored by:



Prior Small Business of the Year Recipients

2023 Healthier You Wellness Partners
 2022 New England Tortilla / Mi Niña
 2021 Mallory Headsets, Inc.
 2020 South Shore SoftWash, LLC
 2019 Immerse Agency
 2018 Just Desserts Bakery & Cafe
 2017 Wood Palace Kitchens
 2016 Strange Planet Printing
 2015 Maguire's Bar & Grill
 2014 JM Pet Resort
 2013 Sorex Payroll Systems, Inc.

Prior Entrepreneur of the Year Recipients

2023 Brockton Beer Company
 2022 Grand Flourish Collective
 2021 Fusion Dolls
 2020 Empower Nutrition
 2019 LAUNCH Web Marketing
 2018 Shovel Town Brewery
 2017 Epicure Wine & Jazz Bar
 2016 Elvera's Cafe
 2015 The Sound Lab
 2014 JJ's Caffe
 2013 James Tran, Sky8 Shrimp Farm, LLC

"We develop, support and honor women leaders from the classroom to the boardroom."

- ATHENA International



Women in Leadership Highlighted at Chamber Luncheon, Secretary Hao Addresses Biz Community



Premier Sponsor



In March, the Chamber hosted a Good Day Metro South luncheon highlighting Women in Leadership with guest speaker, Secretary of Economic Development - Yvonne Hao.

Andrea Brule, President of Sugar Foods, (who recently purchased Concord Foods) spoke about the history of the two companies and how Concord is a complimentary addition to the Sugar Foods operation. “(The acquisition) marks a pivotal moment in Sugar Foods’ growth journey - Concord and Sugar Foods share a long and successful history of customer-led innovation and service, and, with our complementary capabilities, I am confident that, together, we will maximize customer value and unlock new growth opportunities. This transition combines the best of both organizations, and I look forward to welcoming the talented Brockton team to our Sugar Foods family.” said Andrea Brule, President of Sugar Foods.

Secretary Hao presented many resources for businesses, emphasizing the importance of servicing businesses in both city and rural areas, especially focusing on Gateway Cities and stating, “We can’t win if Boston isn’t winning - but we also can’t win if Boston is the *only* one winning.” The Secretary answered many questions and concerns submitted by the audience during a live Q&A session.

Video recording and slides are available at metrosouthchamber.com Thank you to our Program Sponsor: South Shore Bank. Photos courtesy of Rich Morgan Photography, visit our flickr page to view more: flickr.com/metrosouthchamber.

Welcome to Abington, Natural Agricultural Products



In March, Metro South Chamber Ambassadors, business community leaders, and elected officials gathered to celebrate and welcome a new business to Abington! Natural Agricultural Products is located at 1437 Bedford Street in Abington, MA 02351. Industry vendors, live entertainment, and

delicious food catered by Italian Kitchen added to this welcome ceremony. Thank you, Gary Leonard, NAP Proprietor, for choosing to make Abington, Metro South home for your business! Learn more about Natural Agricultural Products at naturalagriculturalproducts.org

About Natural Agricultural Products (NAP): Our Mission: Our goal is to service the Abington local area with the natural, high-quality cannabis products ranging from flower to edibles, and oils to vaporizers. Natural Agricultural Products is a brand for the people- we provide our community with the best-quality cannabis products for the lowest price possible. We stand behind our product with a 100% guarantee; we want our customers to feel satisfied that they’ve done business with the best in the area. Although the market is saturated with retailers, we intend to cultivate and manufacture other products in the future; with retail, cultivation, product manufacturing all housed in one building, nobody does it like NAP.

Our Journey: You might remember us from our previous location in Brockton; we have switched locations and upped our ante, ready to service the Abington area and surrounding communities. We pride ourselves on being one with our customers; honesty is a core value here at Natural Agricultural Products and we can guarantee that our consumers are getting the best of the best for the lowest price possible. Our team is comprised of down-to-Earth, wholesome canna-lovers that yearn to share their love and knowledge of our natural products. Come by our new location in Downtown Abington to meet the crew!

PC: Rich Morgan Photography. Visit our flickr page to view the full photo album! www.flickr.com/photos/metrosouthchamber

Are you opening a new business or expanding to the Metro South region? Want to host a ribbon cutting of your own? Call the Chamber to schedule yours today! (508) 586-0500 x231 or email events@metrosouthchamber.com



Gary Leonard, Proprietor, Natural Agricultural Products (NAP)



North Easton Savings Bank



Chamber Ambassadors Felicitia Sepulveda, Cape Verdean Association (left) and Suzanne Fernandes, NESB (right) with NAP Human Resources Manager, Cindy Ethier-Kostka (center).



Cathryn Schofield, Naldo Cardoso, Emma Penardi

Chris Cooney, Metro South Chamber of Commerce; Brockton City Council President Moises Rodrigues; Andrea Brule, Sugar Foods; Carol and Vern Chin, McDonald’s Franchisee; Secretary Yvonne Hao; Mahsa Khanbabai, Khanbabai Immigration Law; Nelson Fernandes, Nvidius Consulting; Ward 7 Councilor Shirley Asack; [back row] Joe Casey, HarborOne Bank; Dan Evans, EMI; and Mike Lambert, Brockton Area Transit.



Event sponsor Jim Dunphy, South Shore Bank.



Andrea Brule, President, Sugar Foods.



Secretary of Economic Development, Yvonne Hao.



Sold out event at Concord Foods’ beautiful luncheon area drenched in natural light.



Leadership Metro South Cohort attended this event as part of a manufacturing education day.



Joe Grivers, MassDevelopment; and Mary Waldron, Old Colony Planning Council (OCPC).

Former Furniture Building, 93 Centre - Tallest Building in Brockton Converted to 55 Gorgeous Apartments



Brockton's newest apartment building boasts Boston skyline views - a tour of downtown's tallest building offered a glimpse of the transit-oriented future that city leaders have been working to make real.

"Today is an historic day in the city of Brockton," Mayor Robert F. Sullivan told a crowd of about 70 developers, bankers, construction bosses, politicians and media at the ribbon cutting for 93 Centre St. "When you think about Brockton, you don't necessarily think about jumping on a train and getting into South Station in 35 minutes or jumping in a car and getting to Providence, Rhode Island in about the same time."

The 8-story edifice known to many Brocktonians as the old Furniture Building is now The Anglim, a 55-unit apartment building located at 93 Centre Street. Once home to the United Shoe Company, the 118-year-old building had fallen into disrepair. In 2015, developer Ted Carman, Concord Square Planning & Development began a nearly 9-year battle to redevelop the property. The long gestation spanned three mayors, an imminent domain taking by the city, two years in court with the former owner and white-knuckle worries over financing.

"For some of us who have been in this city for a long time, we remember what the building looked like," said the second of those mayors, City Councilor Moises Rodrigues. "And I'm not going to call it a dump. But it was a dump."

It's not a dump anymore. The 55 apartments include studios, 1-bedrooms and 2-bedrooms. Rents start at \$1,800 per month (studios), \$2,000 (1-bedrooms) and \$2,500 (2-bedrooms), said leasing agent Vahid Mashmasarmi. He said 28 leases have been signed. By April 1, the building will be 50% occupied, he said. Eleven of the units are designated "affordable units," aimed at households making 80% or less of the area median income.

Last week, The Anglim offered tours of three 7th-floor apartments. A corner unit offered a kitchen with panoramic views through windows that are nearly floor-to-ceiling. The apartments are new construction nestled in the building's old but solid bones. There's a gym in the basement, bicycle storage, a system for secure pick-up and delivery of packages and, soon, a co-working space.

Helms, Chris. "Dump' to 'gorgeous' Apartments — See Inside Redo of Downtown Brockton's Tallest Building." *The Enterprise*, 27 Mar. 2024, www.enterpriseneews.com/story/business/real-estate/2024/03/27/brockton-ma-apartments-furniture-building-tallest-downtown-centre-street/73066772007.

ATTN: EMPLOYERS - MassHire 6th Annual Construction Career Day, May 10 in Brockton



The Metro South Chamber is a proud annual supporter of this event and encourages area businesses in construction related industries to participate. Help build our future workforce! Contact info below

Friday, May 10th, 9AM-1PM @ Massasoit Community College in Brockton. Brockton Area Construction Career Day will give area high school students an exciting, immersive opportunity to learn about career pathways in many varied construction related industries. Incorporating hands-on activities and live demonstrations, professionals from a wide variety of these industries are available to answer questions and give students a taste of what it would be like to work in their respective fields. Students will explore careers in:

- Building/Remodeling
- Architecture
- Landscaping
- Engineering
- Welding & Mechanical
- Utilities
- Paving/Sealcoating
- Land Surveying
- Management & MORE
- Electrical
- Solar & Energy
- Plumbing/HVAC
- Smart Technologies

To exhibit and participate, support, or volunteer, call John Nesti at MassHire Greater Brockton Workforce Board: (508) 584-3234 or email jnesti@masshiregbwb.org

Drive smarter local marketing with insights and solutions from the USA TODAY NETWORK.

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PART OF THE USA TODAY NETWORK

localiq.com

SEED Corp Basic Entrepreneurial Workshop Series



South Eastern Economic Development (SEED) Corporation is a regional nonprofit economic development corporation with the mission of empowering entrepreneurs, strengthening local economies, and creating jobs by financing all types of small businesses in Massachusetts

and Rhode Island. With loan programs ranging from \$1,000 micro loans to \$5.5 million SBA 504 loans and a long history of assisting small business owners, SEED is a one-stop shop for anyone looking to start-up, grow, or streamline their business.

Throughout the year, SEED holds and participates in events geared toward educating, preparing, and empowering small business owners as well as all those who serve budding and seasoned entrepreneurs.

Learn more and register for any of the below workshops online at seedcorp.com or email [Jessica Mello at jmello@seedcorp.com](mailto:jmello@seedcorp.com)

Title: Basic Entrepreneurial Workshop: Business Fundamentals
Date: 4/9/2024 **Time: 9:00AM** **Fee: Free**
Location: Rockland Trust, 120 Liberty Street, 3rd Floor, Brockton

Description: Participants will learn the fundamentals of planning, preparing for and financing a small business. The workshop is open to anyone currently in business, starting a business, or thinking about someday owning a business, as well as business assistance professionals who would like to learn more about SEED's technical assistance programming. Attendees will be provided with a free business plan guide and other materials and will be introduced to free and confidential business assistance resources available to them locally and regionally.

Title: Basic Entrepreneurial Workshop: Business Financials
Date: 4/9/2024 **Time: 9:00AM** **Fee: Free**
Location: Rockland Trust, 120 Liberty Street, 3rd Floor, Brockton

Description: Participants will learn how to read and a balance sheet, income statement, and cash flow statement, and keep on top of their business finances. The workshop also explains how a small business owner can anticipate financial needs in order to operate the business more efficiently through a deeper understanding of their financial picture. The workshop is open to anyone currently in business, starting a business, or thinking about someday owning a business, as well as business assistance professionals who would like to learn more about SEED's technical assistance programming.

SEED Corp. Offers Micro and Small Loan Programs



• **Use of funds:** Working capital; leasehold improvements/built-outs; inventory/supplies; real estate acquisitions (owned-occupied); furniture, fixtures, and equipment; refinancing business credit card debt

Call (508) 822-1020 x 312 or visit www.seedcorp.com

- **Micro & Small Loans** up to \$350,000
- Interest rates: 6-7%
- Loan Term: up to 10 years
- No prepayment penalty

Join the Chamber Now, \$1,000 in Incentives



Becoming a member of the Metro South Chamber of Commerce provides your business opportunities to accelerate its growth. When you join the Chamber, you become a leader within the business community and a member of the region's most dynamic advocacy organization. Membership means potential new business prospects, new savings, access to valuable resources and information, a variety of marketing opportunities, and more, for you and your business. Chamber membership is affordable no matter how small your business, and it provides your business with tremendous opportunity.

Join to Receive OVER \$1,000.00 IN PROMOTIONAL BENEFITS

FREE Member Listing in the Action Report newsletter (distributed to over 20,000)
FREE Member Profile in Action Report newsletter, distributed through *The Enterprise*
2 FREE Listings in the 2023/24 Guide to the Metro South Region
FREE 2022/23 Guide to the Metro South Region
FREE Chamber Business List in Excel or mailing labels, \$150 value
FREE Enhanced member listing on the Chamber website with hotlink to website
FREE access to members-only page of website to post discounts, events, and more
FREE opportunity to promote company at event share tables and at the Chamber
FREE opportunity to promote company in the Action Report
FREE business workshops
FREE membership sticker and virtual badge for your website.
 Health Insurance Opportunities, Energy Power Purchasing Program, **And More!!**
 (Base Rate is \$375 + \$5 per full time employee)
 For more info or to set up an appointment call (508) 586-0500 x 229 or email membership@metrosouthchamber.com.

Own A Small Biz? Thinking of Starting One? Call SCORE!



To succeed, you have to stay ahead of the competition; whether you're looking for a business direction sheet or working to tap into value creation, connect with a SCORE mentor to help you! If you're just starting a business, SCORE mentors can provide the practical action plan, education and tools you need to open your doors and establish a customer base.

Already own a business? Our volunteer mentors can help identify ways to increase profit, improve employee and customer satisfaction, and achieve work/life balance. With SCORE, you can have the honest, confidential and sometimes tough conversations about raising money, motivating your team, marketing your business, and other topics.

Take advantage of their **free** live webinar series! Learn more by visiting www.score.org, www.sema.score.org, www.boston.score.org, or by calling (508) 587-2673. Ahead for the month and beyond...

April 4: *How to Write a Business Plan - Your Roadmap to Success*
April 9: *Benefits of Volunteering with SCORE as a Business Mentor*
April 9: *Franchising 101-Small Business Ownership*
April 11: *How to Manage Your Debt - Strategies for Financial Health and Growth*
April 16: *A Basic QuickBooks Guide for Small Business Owners*
April 18: *Summer Hiring - Compliance Considerations and Tips for Success*
April 24: *Business Foundation: Financing a Business*

Now Hiring: Event Coordinator; Development & Retention

WE ARE HIRING

Are you positive, organized, committed to business & community development, and have a love for the greater Brockton area?

OPEN POSITIONS

- Events Coordinator
- Development & Retention

JOIN OUR TEAM (:

Please send resume with cover letter and references to: info@metrosouthchamber.com

Metro South Chamber of Commerce • 60 School Street, Brockton, MA 02301
www.metroouthchamber.com • info@metrosouthchamber.com

Are you positive, organized, committed to business & community development, and have a love for the greater Brockton area? Join our team! Please send resume, cover letter, and salary expectations to info@metrosouthchamber.com

The Metro South Chamber of Commerce strives to be the region's qualified leader for attracting and harnessing the energies, capabilities, and ambitions of businesses; catalyzing critical public discussion on key issues and mobilizing political support; protecting a positive image of the region and bolstering awareness of its many advantages; and position the region to seize the variety of emerging economic opportunities.

This is an excellent opportunity to invite businesses to join and engage in the chamber community by strengthening local ties in Brockton and beyond, while gaining a deep understanding of regional economic progress and the competitive developing future of the Metro South region.

Rockland Trust's 7th Annual "Small Business, Big Dreams" Contest, Deadline April 7

7th ANNUAL

ROCKLAND TRUST BANK

SMALL BUSINESS

BIG DREAMS

CONTEST

ENTER FOR A CHANCE TO WIN THE \$20,000 GRAND PRIZE*

- Business owners submit their background information and give an overview of their strengths, challenges, and plan for the future.
- The participants will be narrowed down to **3 finalists** who will be featured in a video series as they prepare for their final presentation to a panel of judges.
- The panel will deliberate to choose the winner of the **\$20,000** grand prize. Both runners-up will receive **\$2,500**.

Submissions accepted:
March 4th - April 7th

Learn More: 

RocklandTrust.com/SmallBusiness

ROCKLAND TRUST

Where Each Relationship Matters*

Member FDIC

*No purchase necessary; void where prohibited by law. Open only to legal residents of MA and RI meeting eligibility criteria; including independently owning a for-profit small business that is both domiciled and headquartered in Massachusetts or Rhode Island, which has been in continuous operation selling a product or service for not less than 2 years at the start of the Contest, and which has annual revenues of less than US \$3,000,000. Entrant must be 18 years or older at time of entry. Sponsor reserves right to modify announcement and presentation dates. Additional restrictions apply; see Official Rules at RocklandTrust.com/smallbusiness.

Are you looking to take your business to the next level? Rockland Trust is seeking passionate business owners to compete for a \$20,000 grand prize! For more information about Rockland Trust's 7th annual Small Business, Big Dreams contest and how you can enter, please visit www.RocklandTrust.com/SmallBusiness. Entry period 3/4/2024 - 4/7/2024. Open to eligible MA and RI businesses.

Kids & Company Randolph Expansion - April 10

Wednesday, April 10 | 12:00 pm - 2:00 pm | 647 North Main Street, Randolph



Victoria Sopik, Co-Founder & CEO
 Kids & Company



kids & COMPANY

Kids & Company is excited to welcome local organizations and partners to experience our brand-new high-quality child care center that can support their employees with child care needs. At this event, you will meet our Co-Founder & CEO, educators, and the client services team. You can also tour our beautiful center, enjoy light refreshments, and learn about Kids & Company's various offerings and programs. We are looking forward to having you join us at the ribbon cutting ceremony!

Meet our Co-Founder & CEO, Victoria Sopik!

Victoria is a recognized expert in the field with over three decades of experience and a reputation for innovating through changing times. Kids & Company was founded in 2002 by Victoria Sopik, a lifelong entrepreneur and mother of 8, and Jennifer Nashmi, a Chartered Accountant and mother of three. They founded Kids & Company when they, two working mothers of a combined 11 young children, could not find truly flexible child care options without a trade-off in quality of care. Their mission is to offer high quality flexible child care, and to continue to innovate in the child care space, to meet the ever-evolving needs of families. Visit kidsandcompany.com to learn more.

Welcome, Connect24 Business Alliance Members



"It's a pleasure to announce that the Metro South Chamber of Commerce has been requested to and agreed to provide services to Randolph and Stoughton businesses who hold membership with the Connect24 Business Alliance (C24BA). Formerly the Randolph & Stoughton Chambers of Commerce, C24BA was formed to increase strength and support for members while providing more opportunities for the local business community to thrive. Our dedicated professional staff are committed to serve the needs of our overlapping communities going forward.

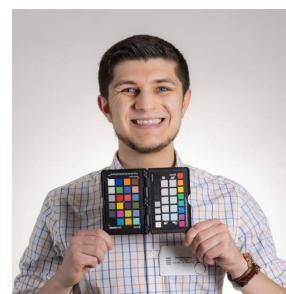
The Metro South Chamber of Commerce was established more than 110 years ago to serve a broader region. Under proven leadership the Chamber has grown in strength as an advocate for advancing the regional economy and promoting an engaged business community.

Most importantly, we look forward to meeting new members, engaging participation, and gaining from the perspective new members add to the important role the Metro South Chamber of Commerce plays within the community.

Again, it's a pleasure to join with Randolph and Stoughton businesses as we collectively pursue a strategically advantaged region well positioned to compete in the essential areas of business friendly policies, housing expansion, infrastructure capacity, and extraordinary education opportunities to build the strongest regional economy possible."

- Chris Cooney, CCE, MPA, President & CEO, Metro South Chamber
 Please visit metrosouthchamber.com/2024/03/welcome-connect24-business-alliance-members to read the full press release.

Member Profile - Ben Ross Photography



Ben Ross, Ben Ross Photography

Ben Ross Photography LLC
benrossphotos.com
(774) 265-5991



Year Established: 2021

Products or Services: Photography, video production and FAA licensed drone operation

Number of Employees: Owner-operator

What is unique or special about your firm and the products and services you offer? Ben Ross Photography offers full spectrum real estate media as well as comprehensive video production for small and medium businesses, tailoring each product to the specific needs and markets of our clients.

What is your market area? Throughout Massachusetts and Rhode Island

What markets do you serve? Real estate, architecture, construction, and corporate

What is your main business objective concerning your customers and the business community? My goal is to provide useful media services designed around the desired growth area of my clients. When all is said and done, I want my clients to have superior branding and experience tangible growth from their media solutions.

Member Profile - Brockton Community Access TV



Brockton Community Access TV
1 North Main Street, Brockton, MA 02301
bcatv.org
(508) 580-2228

Year Established: 1981

Products or Services: Provide television production training to Brockton citizens and record community, education, and municipal activities.

Number of Employees: 7

What is unique or special about your firm and the products and services you offer? BCA provides free television production resources to the Brockton community so residents and NPOs can share their interests, passions, and resources on the Brockton PEG Television Channels

What is your market area? City of Brockton

What markets do you serve? Residents and non-profit organizations in Brockton.

What is your main business objective concerning your customers and the business community? BCA objective is to engage Brockton citizens in by training them on production equipment so they can tell stories about their community or share their interests with their neighbors and community. And NPOs can share their interests, passions, and resources on the Brockton PEG Television Channels.

RENEWING Members!

Thank you!

All American Gasket
Allegra Design Marketing Print
Back Bay Bagel
Bridgewater Credit Union, a Division
of Merrimack Valley Credit
BuzzAround
Everett's Auto Parts
Irving's Home Center
James E. Holmgren, CPA
Justice Investigative Services, Inc
KMA Web Design, LLC

Michael Haikal Real Estate
Montilio's Baking Company
Morse Insurance Agency, Inc.
Niccoli Oil & Energy
Theory Wellness Inc
Torrey & Associates
Webster Park Rehab, a Division of
Marquis Health Services
Wood Palace Kitchens Inc.
Woodwards Auto Parts
& Spring Shop

WELCOME New Members!

Reinvesting in Our Community

Natural Agricultural Products
Gary Leonard
1437 Bedford Street
Abington, MA 02351
(781) 312-6510
naturalagriculturalproducts.org
Health Care Products

Gather Health Primary Care
Russell Townsend Jr
205 Parkingway
Quincy, MA 02169
(931) 302-0254
gatherhealth.com
Health Care

For membership, contact: (508) 586-0500 x 229
membership@metrosouthchamber.com

Metro South Commercial Real Estate Spotlight



210 Quincy Ave, Brockton

Medical Office Building – Located behind Brockton Hosp. 5,244 SF suite w/ reception & waiting area, exam rooms, break rooms. Separate 864 SF Suite – 2 private baths, 2 exam rooms, 1 private office. Excellent parking – on sewer – zoned c 5. \$750,000

(for sale / lease) negotiable. Call Donahue Associates at (508) 588-1717.

JACK CONWAY

609 & 627 Pleasant Street, Brockton



Land for Development: Highly sought and well positioned 2-acre +/- combined parcel located at signalized intersection (Reynolds Memorial Highway, West St & Pleasant St). Close proximity to Rt 24/Exit 33A and to the Westgate Mall Retail Corridor (.6 miles) which is one of the largest trade areas in the Metro South Region, with 300,000+

population. Local retailers nearby and national retailers at the mall include Dicks Sporting Goods, Burlington, Staples, Lowes, Bank of America, Xfinity, Marshalls, Market Basket, Aldi, Starbucks, Ihop, Texas Roadhouse, Chick-fil-A, Chipotle. Owner to develop 2 parcels 609 & 627 Pleasant St (MLS #73210156 & #73210157). Planned for 7 units from 2,292 to 4,800 SF. The land is also available for sale. Call Broker for pricing guidance on lease or sale, visit jackconway.com

Access to Capital for Massachusetts Businesses



Massachusetts Growth Capital Corporation (MGCC) functions as a one-stop resource for debt financing for small businesses. MGCC drives economic growth through access to alternative funding, resources, and individualized services to identify and structure

solutions tailored to each small business in Massachusetts. The purpose of MGCC is to create and preserve jobs at small businesses. MGCC also works to promote economic development throughout the Commonwealth, with special paid attention to business needs in underserved areas and Gateway Cities. Their services include small business lending from \$100,000-\$200,000; microloans from \$5,000-\$100,000; small business technical assistance grant program for non-profit assistance providers; microlending operations support & CDFI lending capital matching funds grant program; and the biz-m-power crowdfunding matching grant program. Visit empoweringsmallbusiness.org to learn more.

Chamber Affiliation News & Events

To become an affiliate organization of the Chamber, contact Christopher Cooney at (508) 586-0500 x 223 or e-mail chris@metrosouthchamber.com.

The **Avon Industrial Park Association** is a non-profit group seeking to advance the advocacy and business of its members in public and private affairs. Membership is open to all companies who operate within the confines of Avon Industrial Park in Avon, Massachusetts. For more information please visit avonindustrialpark.org.



The **Bridgewater Business Association (BBA)** promotes unity between local government and the business community and is committed to promoting goodwill among business owners, operating in an ethical manner, and supporting the community they serve. Visit bridgewaterbiz.biz for more information.



The **East Bridgewater Business Association (EBBA)** was founded in 1993 "to promote a healthy business environment in East Bridgewater and to provide services to assist its members including education, networking and fellowship." Please visit www.eastbridgewaterbiz.com for more information.



The **Easton Chamber of Commerce** is a non-profit 501(c)(6) membership organization representing business and professional people. The Easton Chamber of Commerce mission is to unite, guide and support Easton businesses with the goal of increasing economic opportunities and fostering a healthy business climate. Visit easton-chamber.com to learn more.



The **Norwell Chamber of Commerce's** mission is to promote the civic, economic and social welfare of its members and the Town of Norwell. They actively assist the Chamber members with the challenges of business growth, management and entrepreneurship. Visit norwellchamberofcommerce.com for more information.



The **South Shore Women's Business Network (SSWBN)**, established in 1991, was the inspiration of six women who felt that the needs of women in business were not being met by traditional organizations. They further believed there was a need for an organization that would provide networking opportunities to women and business owners on the South Shore. Visit sswbn.org for more information.

Small Business Resource; We Speak Portuguese!



Theresa Lobo-Albin, Small Business Assistance



Theresa Lobo-Albin on the chamber staff is fluent in Portuguese. She is available to communicate with businesses that may require help in learning about various business assistance programs serving entrepreneurs, businesses and non-profits throughout the region.

Theresa holds a degree in business and accounting and has worked with many small businesses from numerous industries over her career in accounting.

The Chamber (in partnership with many regional, state, and federal resources) operates the Metro South Business Assistance Center and Thomas Edison Business Incubator in support of business development. Many of the BAC resources can be found online and are being offered remotely, including one-on-one coaching through SCORE

Counselors.

To learn more about business assistance resources in English and Portuguese contact Theresa Lobo-Albin at finance@metrosouthchamber.com or call (508) 586-0500 x 230. To learn more about the Business Assistance Center (BAC) and available business resources, visit www.metroouthchamber.com/resources/business-assistance. Individual counseling is available by appointment.

Federal, State, and Regional Resources for Businesses



The Metro South Chamber of Commerce is dedicated to providing support for our business community now more than ever - we're here for you. Below, please find an extensive list of federal, state, and regional resources available to you.

Brockton Redevelopment Authority
Contact: Nathalie Jean
(508) 586-3887

Center for Women & Enterprise
Contact: Berlhey Narcisse
(617) 532-0225

Massachusetts Office of Business Development (MOBD)
Contact: Susan Whitaker
(617) 620-1005

Massachusetts Small Business Development Center Network
Contact: Jill Beresford
(508) 673-9783

Massachusetts Supplier Diversity Office (SDO)
Contact: John Fitzpatrick
(617) 720-3300

MassDevelopment
Contact: Jay Pateakos
(508) 678-0533

MassHire Greater Brockton Workforce Board
Contact: Jason Hunter
(508) 584-3234

MassHire Greater Brockton Career Center
Contact: John Murray
(508) 513-3400

Old Colony Planning Council
Contact: Mary Waldron
(508) 583-1833 ext. 202

SCORE Business Counselors
Contact: Peter Smith
(508) 587-2673

South Eastern Economic Development (SEED) Corporation
Contact: Sue Murray
(508) 822-1020

U.S. Small Business Administration
Contact: Susan Lourie
(617) 565-5564

Vitra Health



150 Wood Road #201, Braintree
(508) 297-2022 • www.vitrahealth.com

Brick Marketing



101 Federal Street Suite 1900, Boston
(781) 999-1222 • www.brickmarketing.com

T & C Cleaning Services



(508) 714-9503
www.tandccleaningservices.net

Montilio's Baking Company



134 Spark Street, Brockton
(508) 894-8855 • www.montilios.com

At VITRA Health, we care about you, your family, and your community. Our goal is to assist you in caring for your loved ones. We understand that taking care of family members can sometimes be challenging, especially when you're doing it alone. However, did you know that you can receive compensation for providing this care? This is where VITRA Health steps in. We not only support you financially but also with our team of nurses and case managers – all in the comfort of your home!

Brick Marketing is a client-centered, transparent Boston, based digital marketing agency that is dedicated to your success. Every client is unique, so we tailor our digital marketing strategies specifically to you and your goals. Explore the reason behind your visit in a relaxed, no-pressure consultation that's all about identifying what your business needs—from free information to full-scale digital marketing services, without any sales pitch. Keep your camera off if you'd like, and let's focus on your goals. Schedule a meeting to see how we can help you!

We believe in providing professional, outstanding, satisfactory guaranteed cleaning services. Our aim is to make our cleaning services as convenient as possible to complement your lifestyle and schedule. Our cleaning staff is well trained, experienced, and carefully screened with a background check, and supervised to ensure our outstanding service. From residential to commercial cleaning services, we provide deep cleaning, move in and out, monthly, bi-weekly and daily cleaning services. At T & C Cleaning Services, our staff will always be available to give you the best cleaning services for your cleaning needs.

Montilios Baking Company of Boston, a premier bakery and cake shop, is a combination of family history, European traditions, and a desire to create the best. For more than 73 years, Montilio's has provided world-class wedding cakes as well as the pastries you request daily! The European recipes for French and Italian cakes and pastries were an instant success when introduced to Quincy, Massachusetts. We deliver to many areas throughout New England.



Starting a Business?

Need help starting your business?
Looking for money to start your business?

The Metro South Business Assistance Center Can Help!

COUNSELING: Individual counseling is available by appointment for start-up and existing businesses. Counselors are working or retired professionals, highly experienced and willing to share their knowledge in financing, marketing, management, and more.

REFERENCE MATERIALS: An outstanding collection of reference materials that include hundreds of fully detailed, step-by-step guides for every aspect of starting and maintaining a small business.

ACCESS: To computer and business-related software, including QuickBooks Pro, Business Plan Pro, Loan Builder, Microsoft Office, and more.

EDUCATION: Workshops include QuickBooks, Writing a Business Plan, SEED Commercial, Social Media Series, DCAMM Certification, and more.

(508) 586-0500 metrosouthchamber.com/resources/business-assistance.

Major Sponsors:



When Metro South is Home, Everything's Within Reach

Hundreds of Dining Options • Great Conference Space
Over 500 Hotel Rooms • Many Parks & Lakes



The Metro South region offers the best of all worlds; cultural and corporate advantages, natural beauty, and the serenity of historic New England.

The region features **top notch education**, including three institutes of higher education, **exceptional health care** facilities, including four major hospitals. **Rich in culture**, the region is also home to symphonies, a craft museum, children's museum, and various historic museums. It also contains many **recreational activities**, including baseball outings, golfing and many parks and lakes for walking, biking, and fishing. With over 500 hotel rooms, the Metro South region is a **great place to stay** and competitive housing costs offer affordable and varied living opportunities.

Whether for Business or Pleasure, The Metro South region provides exceptional value in the heart of Eastern Massachusetts, centrally located between Boston, Providence, Plymouth and Cape Cod. *Ride the rail to Boston in only 35 minutes!* Call 508.586.0500 for your free map.



Metro South Regional Economic Development Organization
For more info, contact the Metro South Chamber of Commerce,
508.586.0500 • www.metroouthchamber.com



BUSINESS EVENTS Planner

April 11

Annual Labor & Employment Law Update with MTHL LLP

8:30AM

Granite Links

100 Quarry Hills Drive, Quincy

In collaboration with Murphy Hesse Toomey and Lehane LLP. Featuring The National Labor Relations Act Applies to You – What Every Employer Needs to Know About the NLRB's Expanding Protections for Employees

Register: metrosouthchamber.com/events

April 19

Ribbon Cutting Ceremony

2:00PM

Leading Light Behavioral Health
19 Riverside Avenue, Brockton

Join us for a grand opening ribbon cutting ceremony with new chamber members - Leading Light Behavioral Health

Register: metrosouthchamber.com/events

April 22

Multi-Chamber After Hours

5:00PM

Plainridge Park Casino
301 Washington Street, Plainville

Please join us for a night of multi-chamber networking with live harness racing!

Register: metrosouthchamber.com/events

April 24

Legislative Luncheon

11:45AM

Location TBA

Join us for a Legislative Luncheon featuring Massachusetts Taxpayers Foundation president, Doug Howgate.

Register: metrosouthchamber.com/events